

Group Gymnastics Routines:

- All students will form groups of at least 4-8. Explain that each group will be allowed 1-2 days to create their own gymnastics routine. Skills can be chosen from the previously learned traveling, gymnastics skills, and or stunts. Students will be given additional time to practice the day of the gymnastic routine performances. Each group will perform their routine for the class during the last half of class.
- Groups will be scored according to the rubric that each group will receive (See Rubric below):
- A Certificate (1st place team only) and a temporary trophy will be awarded to the top 3-4 groups based on the scoring of the rubric.

Gymnastic Routine Rubric

Name of members in your group: Write your teacher's name beside your name.

- | | |
|----|----|
| 1. | 5. |
| 2. | 6. |
| 3. | 7. |
| 4. | 8. |

Group Name (optional): _____

Song Title (optional): _____

_____ Utilizes a minimum of 7 types of traveling, gymnastics skills, and or stunts.

4 Points - Students incorporate at least 7 separate gymnastics skills in routine.

3 Points - 5 to 6 skills demonstrated

2 Points - 3 to 4 skills are demonstrated

1 Point - 2 or less skills are demonstrated.

_____ How creative and unique is your gymnastics routine?

4 Points - Your performance had the "WOW" Factor! All aspects were outstanding.

3 Points - Presentation is clear, routine has been practiced, group moves in unison.

2 Points - Presentation is fairly clear, at times is choppy and members appear lost.

1 Point - Routine is choppy and unrehearsed and members are lost.

_____ Participation and cooperation of group members

4 Points - All group members participated, utilized safety with spotters and contributed to the routine.

3 Points - All group members participated, but some spotting and cooperation issues.

2 Points - Group was off task and lacked team cohesion.

1 Point - the group quit during routine or chose not to do routine.

Points deducted (example: talking during another team's performance): _____

Total Points (maximum score or 12): _____